







Free to access counselling services for young people, parents and legal guardians living in Newport. Please see our range of services that are available in the table below. For any enquiries about our services please email talkingzone@southwales.ac.uk



	Who is it for?	How do I find out more?
 Primary School Counselling	Any primary school children in Newport	Talkingzone.southwales.ac.uk/primary Operating video and telephone services until further notice
 Secondary School Counselling	Any secondary school children in Newport	Talkingzone.southwales.ac.uk/secondary Operating video and telephone services until further notice
 Community Counselling (young people)	For any young person not in education or training up to the age of 19.	Talkingzone.southwales.ac.uk/community Operating video and telephone services until further notice
 Drop-in online video or chat Counselling	For any young person up to the age of 19, on Thursday evening 6pm-8pm.	Talkingzone.co.uk

In addition to the services above, we are also offering the following from now until March 2021

For young people

 Tele-play therapy	Ages 6 to 11	Refer a young person at : talkingzone.southwales.ac.uk/community
 Virtual Counselling (video or telephone)	Ages 6 to 19	

For parents/legal guardians:

 Parent Consultations	For parents and legal guardians. 30 minute free telephone consultation with a Counsellor	Request a call at: talkingzone.southwales.ac.uk/community
 Free Counselling	Any age, free block of counselling for parents or legal guardians within Newport.	Refer yourself or on behalf of someone else at : https://www.southwales.ac.uk/therapies/helen-kegie-centre/uswtherapy2020/



Third Sector

TalkingZone have received additional funding from Newport City Council to collaborate with third sector to develop access to our counselling services for children, Young People and parents within Newport. This includes access to TalkingZone CYP, school-based Counselling Service as well as our Community Provision which includes:

- ❖ **Tele- Play Therapist**
- ❖ **Primary age Therapist**
- ❖ **Secondary age Therapist**
- ❖ **Adult/parent Counselling**
- ❖ **Parent Consultations**

For more information on this offer, or to access the referral pathway, please contact us at: talkingzone.southwales.ac.uk/community