A New Adventure - Antur Newydd

Year 6 learners from our feeder primary schools have enjoyed some exciting transition sessions in preparation for their move to Newport High School in September. Year 7 teaching and support staff have been busy visiting learners in their primary schools to introduce themselves and provide an opportunity for them to ask any questions they may have about secondary school life.

Learners also enjoyed a packed programme of activities when they visited us for Transition Day in July. They familiarised themselves with the school building, met staff and took part in exciting taster sessions to help prepare them for the new school year.

Have a great summer and we look forward to seeing you soon!
Capturing The Moment

Faith plays a positive role in many peoples' lives and the ‘Faith Through A Lens’ competition encouraged people from all backgrounds and beliefs to engage with the subject of faith in its wider context. Whether it was showing compassion, capturing a precious moment or supporting a community, the aim of the competition was to uncover personal experiences which could be shared through the medium of photography.

Revd. Rebecca Stevens launched the competition with our Year 7 students who took some brilliant photographs, reflecting their growing awareness of the world around them and their place within it. Here she is with the talented winners.

Staff Update - Diweddariad y Staff

We would like to extend our good wishes for the future to the teaching staff leaving us this term – Mr Muluka, Mr McCormick, Mr Russell, Mr Martinek, Mr Hoskins, Mrs Bwye and Mrs Hughes – and to our Head Cook, Wendy Cripps, who is retiring after twenty years of service.

Dates for your Diary - Dyddiau am eich Dyddiadur:

<table>
<thead>
<tr>
<th>July</th>
<th>20</th>
<th>End of term</th>
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<tr>
<td>August</td>
<td>16</td>
<td>A Level results day</td>
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<td></td>
<td>23</td>
<td>GCSE results day</td>
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<tr>
<td>September</td>
<td>3</td>
<td>INSET day (school closed to students)</td>
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<tr>
<td></td>
<td>4</td>
<td>Start of term for students</td>
</tr>
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Please check the school website and Twitter account for further information and updates.

www.newporthigh.co.uk

Mental Health Workshops

This term, Year 7 and 8 learners have been working hard to become more aware of mental health issues and the importance of practising mindfulness strategies. We now know the warning signs to look for and how best to help others in need. Year 7 and 8 staff are so proud of our learners for participating fully and showing great sensitivity and maturity. #AlwaysBeKind

Mrs L Davies
Stretch and Challenge - Herio ac Ymestyn!

The Seren Network supports Welsh pupils in reaching their academic potential and progressing to top universities. Based on their excellent GCSE results, eight of our Year 12 students were selected as Seren members this year, taking part in a wide range of activities designed to encourage them to raise their aspirations and grow in confidence. They embraced the opportunities on offer and are now making good use of knowledge gained to inform their decision making when choosing universities and courses.

Speak Your Mind - Dweud dy feddwl

Being able to express a point of view and speak confidently in public are important communication skills and Year 10 and 11 pupils showcased their talents in these areas when they took part in a fascinating debate organised by the Royal College of Psychiatrists in Wales.

The motion, ‘This house believes school is bad for your mental health’, was passionately discussed by the teams who had carried out detailed research to support the arguments they put forward on the day. The motion was narrowly carried by 18 votes to 17, following a range of impressive presentations.

Congratulations to everyone who took part and especially to Gul and Ruvimbo who were awarded the prize for the best team!

Challenging Racism - Herio hiliaeth

Every year, Year 7 learners are given the opportunity to enter a competition run by the ‘Show Racism the Red Card’ charity that focuses on challenging racism and promoting open-mindedness and understanding. This year, 95% of the year group submitted competition entries and we were delighted to send off a high standard of samples in each category. Having submitted an excellent entry, Ceri Knapman (7JA) was invited to the Creative Arts Competition Awards 2018 at the Marriot Hotel in Cardiff, where she won the clothing design category (Years 7 and 8) with her fantastic t-shirt design.

We are extremely proud of Ceri’s hard work and talent. Well done!

Mrs Allman-Evans
Team Talk - Sgwrs Tîm

Prospective students and their parents attended two informative Junior Rugby Academy orientation events earlier this term.

Head Coach, Robert Sidoli, spoke to new Academy members about the importance of getting the balance right when taking part in a quality rugby programme whilst also studying for a range of challenging and valuable post-16 qualifications. He explained how each member of the Academy has a responsibility to make the most of their opportunities - the better the individual, the better the player and the better the team!

Parents were also introduced to what the university sector offers learners on completion of their school studies and Elizabeth Lewis, Programme Director for BSc (Hons) Sport Management at Cardiff Metropolitan University, spoke about the range of courses available to students who possess a passion for both sport and further academic study.

A follow up evening meeting was also held where new Academy members made their sixth form subject choices, planned pre-season training and, of course, were measured up for the all-important new kit!

Planning for the Future - Cynllunio ar gyfer y dyfodol

Deciding on a career path can be challenging, but Year 9 learners were given a helping hand when they attended a careers event organised by the Welsh Baccalaureate department.

Potential employers set up their stalls and provided information on the opportunities on offer within their companies and organisations and the qualifications and skill sets required. Anita from Careers Wales was also on hand to answer questions about career planning and local and national opportunities. Students were able to make good use of all the information they gathered when they chose their GCSE subjects later in the term.

Grand Designs

Here are just a few of the excellent pieces created by the GCSE Design and Technology class this year - our designers of the future!
Access to Bristol - Mynediad i Fryste

Five talented Year 12 students gained places on the prestigious Access to Bristol University course that ran over eight weeks earlier this year. This scheme provides a taste of student life, offering 28 subject streams reflecting the variety of academic activity on offer. Our students visited the university each week and took part in academic taster sessions within their chosen subjects as well as exploring the wider aspects of university life.

Liam Dowson, Access to Bristol Co-ordinator, said:

“Watching students on Access to Bristol apply themselves in a subject that they enjoy, showing that they are capable of university-level study, is so rewarding. For many students, the scheme helps them to make that final decision about the subject they wish to study and see that university is a viable option.”

A graduation ceremony was held at the university in April and students who go on to choose Bristol as one of their university choices will receive an offer at contextual level, two grades lower than a typical offer.

Expanding Knowledge - Ehangu Gwybodaeth

Extended Project homework is an essential component of learning in key stage 3. Learners are set two challenges throughout the year and the ‘success criteria’ is to produce a piece of extensive work, based on a given theme. The standard of work submitted this year has been exceptional in terms of extended writing, creativity and presentations to peers and this makes us extremely proud of the learners’ efforts, achievements and progress.

This concept of independent learning has been extended into the classroom this term. Learners have been working on a summer term Humanities ‘Media’ project where they have further developed a wide range of skills in a creative and innovative manner.
Members of the school council have been debating a range of important issues this term and continue to bring their enthusiasm and dedication to their roles as student representatives.

A major topic under discussion has been how to develop a greater awareness of mental health issues and the impact these may have on students throughout the school. This discussion led to the launch of a new project, run in conjunction with the mental health charity, Newport Mind, looking into ways in which the profile of mental health can be raised and how best to offer support to learners. During their training in this area, there were some fantastic contributions from Years 7 to 9 representatives on the qualities needed to be a good peer mentor and we would like to thank Newport Mind for inspiring our learners.

Student representatives have also been busy organising the ‘Your View’ days that took place in the Spring term. Learners were invited to highlight what they thought was going well in school and what could be improved, particularly in terms of the daily act of collective worship that takes place during TfL time and the range of extra-curricular activities on offer. The opinions gathered were then discussed by school council representatives with a view to making improvements.

Congratulations to Year 12 students who have secured roles as members of the Student Voice Leadership Group for the coming academic year.

Pictured here from left to right are:

Alicia Williams - Senior Captain (Year 12 & 13)
Benjamin Jones - Senior Captain (Year 9)
Bethany Wiffen - Deputy Head Girl
Andrew Flannelly - Head Boy
Claudia Hurley - Senior Captain (Year 7)
Dominic Mills - Deputy Head Boy
Aidan Williams - Deputy Head Boy
Amber Reynolds - Head Girl
Wiktoria Budzen - Senior Captain (Year 8)
Matthew Britton - Senior Captain (Year 10)
Tiegan Jones - Senior Captain (Fundraising)
Katie Ryan - Senior Captain (Year 11)
Sabika Zahra - Senior Captain (Year 11)
Stephanie Morrice - Senior Captain (Mental Health)
Isabelle Miles - Deputy Head Girl

Also, as their roles come to an end, we would like to take this opportunity to thank the outgoing SVLG members for all their hard work and fantastic support during the past academic year and wish them good luck for the future.

To mark the final school council meeting of the academic year, student representatives were invited to hold their meeting at the Civic Centre where local council meetings take place throughout the year. Huge thanks go to all members who have participated in leading initiatives and events this year – you have worked exceptionally hard to introduce new ideas and improvements to our school environment.
Create, Connect and Share Respect

Safer Internet Day 2018 was celebrated globally with the slogan ‘Create, Connect and Share Respect: a better internet starts with you.’

Coordinated by the UK Safer Internet Centre, the event saw our learners helping to promote the safe, responsible and positive use of digital technology.

The UK Safer Internet Centre – a partnership of the three leading charities Childnet, the South West Grid for Learning and the Internet Watch Foundation – provided useful and thought-provoking resources for our students, enabling them to consider how best to secure their own personal safety online.

100 Million Minutes!

Just ten minutes of reading a day can have a huge impact on achievement, so imagine what 100 million minutes could achieve! The 100 Million Minutes Reading Challenge was launched on World Book Day to encourage readers to record the number of minutes they spend reading. Students were free to choose what to read and where to read it and documented their time spent reading both at school and at home. Learners in Year 7 also had books on their minds when they took part in a World Book Day competition, collecting the titles of well-known children’s books from book badges worn by staff. Pictured are the students who collected the most titles on the day - well done!

Happy to Help - Hapus i Helpu

We would like to congratulate Year 12 student Isabelle, who was the first learner in the year group to complete her 30 hours Welsh Baccalaureate Community Challenge by carrying out buddy reading with Year 7 students and completing voluntary work with her church.

Next Steps - Cammau nesaf

There is always planning to do for the future, and our Year 11 students attended interviews with sixth form staff earlier this term to discuss their subject options at key stage 5. Many students had already given considerable thought to their subject choices and had been busy researching university courses, apprenticeships and employment opportunities to best match their subjects to their career goals.

A wide range of subjects are on offer both at Newport High and at our collaboration partner schools and we look forward to welcoming our new Year 12 students to the sixth form in September.
A Skilled Leader - Darllenwr medrus

We are delighted to congratulate Kirsty O’Connor, Year 13, on the successful completion of the Rotary Young Leaders course. In recognition of her achievement, Kirsty and Mrs James, Head of 6th Form, were invited to attend a Rotary Club lunch and presentation where Kirsty spoke to Rotary Club members about her experiences on the course.

Mrs James said:

“I was so proud of Kirsty, delivering a formal presentation to such a large group of Rotary Club members. She shone with confidence and they were captivated by her speech.

She clearly expressed what a fantastic time she had on the course and I know that she will encourage our Year 12 students to apply for a place on the scheme this summer.”

Sport Relief Challenge

This year’s Sport Relief theme was ‘Whatever Moves You’ and boy did we move! A step league was set up for each year group with a number of prizes on offer for the learners and year group who moved the most. Mr. Mullins even donated a prom ticket for Year 11! The most competitive group was definitely the staff, who engaged in sneaky ways to up their step count - Mr. Pemberton clocked up a massive fourteen laps during his turn at the Newport High Mile!

The most important event took place on Friday 23rd March, where we came to school in our PE kit, donated money and took part in the Newport High Mile. Each year group was given forty five minutes to complete as many laps of the school grounds as they could, with the winning year group being rewarded with merits and bragging rights!

The prizes awarded were:

**Biggest Overall Stepper:** Callum Cheshire (Year 7) - 217,341 steps

**Most Active Year Group:** Year 8 - 1,377,727 steps

**Biggest Stepper in the Year:**
- Callum Cheshire (Year 7) - 217,341 steps
- Jake Stanton (Year 8) - 201,820 steps
- Nikitta Olsen (Year 9) - 137,604 steps
- Jack Pugh (Year 10) - 173,256 steps
- Evan Farrell (Year 11) - 156,996 steps
- Matthew Thomas (6th Form) - 102,421 steps

**Friday’s Big Mile Winner:** Year 7 - 1,128 laps = 376 miles

Well done everybody!

**Miss Mee**

Good Advice - Cyngor dda

Deciding which university offers to accept can be challenging, but Year 13 students were given some practical help earlier this term from Cardiff Metropolitan University Schools Liaison team member, Katherine. She offered useful advice on choosing the right course and university and how best to prepare for life after school. Also attending the session were past Newport High students Hannah, Casey, Ellis and Georgia who shared their own experiences of starting university. They talked about how to manage your money, organise study time and what you really need to take with you that people never tell you! Thanks for visiting us, girls - it was lovely to see you all so happy and settled at university!
The Power of Words - Pwer Geiriau

Members of our school council joined local politicians, dignitaries and school representatives for a moving Holocaust Memorial Service at St Woolos Cathedral. Along with thought-provoking readings and moving musical performances, a candle procession took place during which the names of those who had died in holocausts were read out. A message of hope for the future was then delivered by The Revd. Dr. Mark Dimond:

‘We have lit these fragile flames in memory of all people who have perished as the result of the deliberate acts of hatred by others. In doing so we demonstrate our own determination to choose a different way and different values for the life that is before us, this day and every day.’

An Insight into Medicine

Students interested in entering the medical profession were invited to a fascinating series of clinical communication workshops held at the University of Wales Hospital. This invaluable and enriching experience gave students the chance to observe consultations using actors as patients. The simulations allowed them to see the different forms consultations may take and how medical staff deal with difficult situations involving less cooperative patients.

We would like to thank Cardiff University for the opportunity for students to see for themselves what daily life as a medical professional could really be like.

Goodbye and Good Luck - Hwyl Fawr a Phob Lwc

We would like to wish all Year 13 students leaving us this summer the very best of luck for the future. Their leavers’ assembly was definitely an emotional affair and there is no doubt that we will miss them all!

Year 11 students also celebrated the end of their time in key stage 4 with a leavers’ assembly followed by their prom night. We look forward to welcoming many of them back to school in September as members of our sixth form.

Good luck for those exam results in August!
The Newport High School Eco Committee have continued their hard work over the past two terms, embarking on a number of projects and events in a bid to achieve Green Flag status for the school. In January, Mr Hicks completed a fantastic Eco logo for the group, combining the designs and ideas of members in the team and showcasing our ‘green’ credentials!

Throughout the month of January, the focus of the Eco Committee was litter prevention and the group ran year group litter picks during Litter Awareness Week. In total, ten black bags of litter were collected over the week with sixty pupils getting involved. In addition, posters are now displayed in the canteen to encourage pupils to ensure that litter is put in the bins during lunch and break times.

In February, Stacey Sims from Wastesavers came to talk to our group about recycling and we have now taken delivery of bins from ‘Every Can Counts’ in a bid to improve recycling of cans within the school.

In March, the committee’s attention moved to improving biodiversity on the school site, with particular attention being paid to the raised beds next to the astro turf. To tackle this area, the group came up with the Newport High School Big Dig. This was an opportunity for staff and pupils to get involved and help regenerate the area, planting fruit, vegetables and wildflower seeds to attract a greater variety of wildlife!

In June, the group took part in the Big Schools Day at the Volvo Ocean Race in Cardiff Bay. Students from across the region took part in this inspirational conference which focused on the global issues affecting our oceans and showcased innovative ideas from across the globe.

Finally, the committee has nearly completed the restoration of the old greenhouse, using plastic bottles and recycled pallets to fix the walls and provide protection for fruit and vegetables such as tomatoes and courgettes.

Thanks to all staff and students who have supported Eco events this year!

Mr Staniforth
Rugby Academy News - Newyddion Academi Rygbi

Newport High Rugby Academy would like to congratulate the following students/players on their involvements with the Dragons U18s regional programme that took place in January and February this year.

Thirteen players were selected and involved in the regional programme: -

The high performances of our academy players resulted in big wins for the Dragons U18s, making it to the regional final where they faced the Scarlets U18s and lost in a very close, hard fought game.

Of the thirteen selected for the regional programme, seven players were identified for potential Wales U18 honours this year and travelled to Scotland where they represented Wales as the ‘Druids’ and ‘Celts’ teams that played against Scotland representatives.

Robert Sidoli
Head Coach, Junior Academy
Curriculum Breakdown Day - Diwrnod dim Cwricwlwm

Pictured are some of our students enjoying another fantastic Curriculum Breakdown Day. Activities on offer provided learners with challenges designed to develop thinking, problem solving and planning skills, along with improving physical coordination and fitness.

Year 7 pupils took part in a series of tasks as part of their Creative PE project work, while budding entrepreneurs in Year 8 exercised their brains researching and designing apps in readiness for delivering successful sales pitches. Key stage 4 students practised their presentation skills by delivering their ‘Working With Others’ Welsh Baccalaureate presentations and attended an informative ‘ Managing Exam Stress’ workshop in preparation for the examination season.

A great deal of effort went into planning and organising the day and learners responded positively by throwing themselves into all the activities with real energy and enthusiasm!

The Oxford Experience - Y Profiad Rydychen

Earlier this year, a group of aspirational Year 10, 11 and 12 students spent an extremely enjoyable and busy day at Oxford University, organised by Dr Matthew Williams, Access and Career Development Fellow at Jesus College.

A number of ‘myths’- including how Oxford selects students and the costs of studying there - were dispelled during the opening session and our students asked many interesting and probing questions, expressing their views maturely and confidently. A walking tour of New College was next on the agenda, including a visit to their beautiful chapel and cloisters where scenes from Harry Potter were filmed. Lunch was provided in the dining hall of Jesus College, which was an atmospheric setting to enjoy a welcome hot meal on a very cold day! Finally, students chose to attend one of three lectures exploring either a scientific, mathematical or political issue or theory and ended their visit with a quick-fire question and answer session.

We would like to thank Matthew for inviting us and for providing learners with the opportunity to experience life at one of our oldest and most prestigious universities.
Raising the Bar - Codi’r Bar

Year 10 students were given an early taste of university life when they paid a visit to Cardiff Metropolitan University this term. They attended talks about future pathways and careers and took part in a range of fun team-building activities. This event gave our potential higher education applicants of the future an invaluable introduction to the wide range of options available to them in terms of degree subject choices and careers and encouraged them to aim high!

Just B – Byw Bywyd

Pictured here are some of our Year 8 anti-smoking ambassadors who received certificates from Public Health Wales to mark completion of their ‘Just B’ smoking prevention course. The ambassadors have worked really hard to highlight the dangers of smoking to their peers and we would like to thank them all for the time and effort they have given to this worthwhile programme.

What I Believe - Beth dwi’n credu

Key stage 3 students recently took part in a fun and thought-provoking competition run by our Religious Studies department. Members of Year 7 were asked to explore the theme of ‘Diversity’ while Year 8 learners focused on ‘Belief’. Students reflected on what these concepts mean to them as individuals and then presented their thoughts and ideas in poster and photographic formats. Congratulations to all those who entered and to winners, Angela, Holly, Jaydon and Libby in Year 7 and Shannon, Molly and Esme in Year 8.

Ready For Work - Barod i weithio

Congratulations to Cameron Linton, Year 13, who has gained a place on the prestigious Network 75 programme. Network 75 is a combined work and study route to a degree where undergraduates apply their academic knowledge to real-life work within a host company, making them industry-ready graduates. The benefits of working and studying part-time are proven by the scheme having a 100% employability rate, post degree completion at the host company.

Good luck, Cameron - this is brilliant opportunity!
La coupe du monde 2018 dans les classes de français

When the football World Cup started in June, Years 7, 8 & 9 learners were keen to embrace the international spirit of the competition during their French lessons.

Working in groups, students chose a team to support in the competition and cheered them on to glory. The group that supported the winning nation was then rewarded with a prize!

In class, learners also researched interesting facts and cultural information about their countries and presented their findings to their peers. Learners really enjoyed the challenge of completing this fun project.

Madame Teixeira
Expanding Horizons

For the past year and a half, I have been a member of 210 ATC Squadron Air Cadets. I have thoroughly enjoyed my time as a cadet and have achieved many things, including gaining my blue flying wings and working towards my bronze. I have a silver radio badge and am soon to become an instructor for blue badge. I also have a qualification in first aid and have completed my bronze Duke of Edinburgh award. Recently, I took part in a JNCO course to become a corporal and have worked hard to achieve this rank and prove myself worthy of the squadron.

If you are interested in joining the Air Cadets, or just want to see what opportunities and activities they offer, you can contact them on 01633 255994.

Riley James, Year 9

Learner Led Intervention

Learner led intervention has become well established in Year 7 this year. We have seen the introduction of a successful Buddy Reading programme led by a group of trained Year 12 learners, who have worked extremely hard to improve reading standards. This scheme ran throughout the Autumn and Spring terms, providing regular reading opportunities. Year 12 and Year 7 buddy readers then took part in a reward assembly to mark the success of the scheme. - the regular practice is definitely having an ongoing, positive impact on literacy levels.

As well as looking to improve reading levels, handwriting practice is also taking place each week, with some of our talented Year 10 learners leading the sessions. Learners are enjoying developing their presentation skills and practising letter formation, gaining skills that will be invaluable throughout their time in school and in their adult lives. Peer mentoring has also started this term, with 16 Year 7 learners being introduced to Year 12 peer mentors. This is an exciting opportunity which we are sure will be a real support to learners.

Learner led intervention is developing friendships between some of our youngest and oldest learners in school and everyone who is involved is certainly benefiting from the activities.

Mrs Allman-Evans

Which Course?

The UCAS Higher Education Exhibition brings together pre-applicant university students with a vast array of universities and colleges. Year 12 students attended the exhibition held at Cardiff Metropolitan University in March and this was a great opportunity to pick up literature and information and compare a wide range of courses. Learners are now well on the way to choosing what to study and are busy completing their university applications.
Sports News – Newyddion Chwaraeon

Sports Day 2018 – Diwrnod Chwaraeon 2018

Congratulations to all athletes who took part in our recent Sports Day. The House results for the Year 7/8 competition are as follows:

1st Olwen 317 points
2nd Pryderi 293
3rd Branwen 259
4th Taliesin 242

Victor and Victrix Ludorum awards for the most points scored went to:

Year 7 - Tyler Allen and Georgina Ahern
Year 8 - Cameron Jenkins and Libby Matthews
Year 9 - Cain Belmont and Nikitta Olsen
Year 10 - Tom Shipley and Renee Connor

Athlete of the Year award went to Marshall Jays, Year 8.

Athletics

Our students put in some excellent performances at the South East Wales under 14s and 16s Championships, held at Newport Stadium:

Marshall Jays won the 1500m and Long Jump in the U14 Boys competition.
Thomas Shipley won the 800m in the U16 Boys competition.
Charlie Corten came 2nd in the 1500m U16 Boys competition.
Leighton Davies came 2nd in the Shot Putt U14 Boys competition.
Nikkita Olsen came joint 1st in the U16 Girls High Jump competition.
Ryan Hillier came 2nd in the U16 Boys 200m competition.

Well done everyone.
Sports News - Newyddion Chwaraeon

A Great Effort

Well done to the Year 8 and 9 boys who put up a valiant fight to reach the Newport Schools Shield final where they lost to Queen Elizabeth School, Carmarthen. Congratulations also go to the Year 11 boys team who won the Newport Cup.

Football Flair

Congratulations to Logan Bowkett, Year 11, on receiving his U16 Wales football cap in May. Well done!

Swimming Success

Sophie Linton, Year 9, recently qualified for the British Nationals in the 4 x 100m freestyle relay, age 14-16 category, which takes place in Sheffield in July. This is an amazing achievement as only the fastest swimmers in Great Britain are given the opportunity to compete.

Sophie has been following a rigorous six week training programme in preparation for this event and we are very proud of her for showing such dedication and commitment.

Welsh and Proud

In June, two of our Year 8 learners, Millie and Roisin, attended Newport Stadium to represent Wales in the Wales v Russia Women’s World Cup Qualifiers. They were given the Wales football kit, experienced what it was like to be in the changing rooms used by the team and met the players. As they all stepped onto the pitch, the crowd went wild for Wales. Russia sang their national anthem first but the Welsh were definitely louder and sang our anthem loud and proud.

Wales surprised everyone with three amazing goals and the end score of 3-0 means we are one step away from the World Cup! Both girls play for Villa Dino and are excellent players and would like to thank them for this unforgettable opportunity. One day, hopefully, it will be them representing their country - well done girls we are all so very proud of you.

Mrs James